# Packing List for Haiti

## General Items
- ✔️ Passport
- ✔️ Airline Tickets
- ✔️ Money -- $100 USD
- ✔️ Toiletries
- ✔️ Prescription medication
- ✔️ Washcloth/shampoo
- ✔️ Extra toothbrush, in case of water contamination
- ✔️ Hand sanitizer
- ✔️ Anti-malaria medication (if taking)
- ✔️ Dramamine, Imodium A-D, Pepto-Bismol
- ✔️ Kleenex/Wipes
- ✔️ Sunscreen & Lip Balm
- ✔️ Reusable Water Bottle (water will be provided)
- ✔️ Insect repellant (with DEET)
- ✔️ First aid kit (small)
- ✔️ Camera and/or Phone
- ✔️ Small flashlight
- ✔️ Reading material
- ✔️ Personal snack food (if desired)
- ✔️ Journal
- ✔️ Pants/shorts (suggest lightweight pants for days)
- ✔️ Shirts
- ✔️ Light rain jacket
- ✔️ Casual clothes for evenings
- ✔️ One casual outfit for final dinner
- ✔️ Undergarments
- ✔️ Work boots/shoes/sneakers, with traction soles
- ✔️ Tall socks (if wearing shorts)
- ✔️ Flip flops (for guest house)
- ✔️ Sun hat
- ✔️ Small backpack or waist pack
- ✔️ Sunglasses
- ✔️ Extra pair glasses/contacts
- ✔️ Earplugs